

Paddling Checklist

Essential

- PFD
- Sunscreen
- Sun Hat
- Rash Guard Shirt
- Water Shoes
- Water Bottle
- Snacks
- First Aid Kit
- Dry bag

Suggested

- Water Filter
- Bilge Pump
- Paddle Float
- Dry Top
- Towel
- Change of Clothes
- Sunglasses
- Boat Repair Kit

Seasonal/As Needed

- Dry Suit
- Pogies/ Gloves
- Navigational Chart
- Helmet
- Water Filter
- Insect Repellent
- Mosquito Headnet
- Satellite Messenger
- Paddle Leash

Avoid

- Cotton Clothing
- Valuables/Jewelry
- Too much of anything

Things to Remember

- Leave a float plan
- Know your limits
- Don't rely on cell service
- HAVE FUN!



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